



# Sunrise Birding LLC COSTA RICA TRIP REPORT January 30 – February 5, 2020



Photos: Talamanca Hummingbird, Sunbittern, Resplendent Quetzal, Congenial Group!



Leaders: Frank Mantlik & Vernon Campos Report and photos by Frank Mantlik

### Highlights and top sightings of the trip as voted by participants

- Resplendent Quetzals, multi
- Spectacled Owl
- Bare-shanked Screech Owl
- Black-and-white Owl
- Suzy the "owling" dog
- Keel-billed Toucan
- Tayra!!!
- Black-faced Solitaire (& song)
- Amazing flora, fauna, & trails
- Sunbittern
- Wayne's insect show-and-tell
- Spangle-cheeked Tanager
- Rancho Naturalista
- Golden-hooded Tanager
- Vernon as guide and driver

- 20 species of hummingbirds
- 2 CR & 32 Regional Endemics
- 4 species Owls seen in 70 minutes
- Russet-naped Wood-Rail
- Great Potoo
- Long-tailed Silky-Flycatcher
- Rufous-browed Peppershrike
- American Pygmy Kingfisher
- Orange-billed Sparrow
- Volcano Hummingbird
- Purple-crowned Fairy, bathing
- Turquoise-browed Motmot
- White-nosed Coati

### January 29 - Arrival San Jose

All participants arrived a day early, staying at Hotel Bougainvillea. Those who arrived in daylight had time to explore the phenomenal gardens, despite a rain storm.

### Day 1 - January 30

### **Optional day-trip to Carara National Park**

Guides Vernon and Frank offered an optional day trip to Carara National Park before the tour officially began and all tour participants took advantage of this special opportunity. As such, we are including the sightings from this day trip in the overall tour report.

We departed the Hotel at 05:40 for the drive to the National Park. En route we stopped along the road to view a beautiful **Turquoise-browed Motmot**. Also present were Inca and Common Ground Doves, Melodious Blackbirds, and a Yellowheaded Caracara flew over us. A rest stop yielded a Graybreasted Martin, White-winged Doves, and a flock of Groovebilled Anis.





We arrived at Carara NP at opening time. Just around the parking lot we saw **Rufous-naped Wren** (nest-building), Rose-throated Becard, Boat-billed Flycatcher, Blue-vented Hummingbird, and several Scarlet Macaws flew over. An ant swarm nearby attracted 4 Lesson's Motmots, 2 Gray-headed Tanagers, Tawny-winged Woodcreeper, Barred Antshrike, and Wood Thrush. We then birded the forest trails for several hours. We saw lots of great birds, highlighted by Slaty-tailed, Black-throated, and Baird's Trogons, Rufous-tailed Jacamar, Bluethroated Goldentail, Squirrel Cuckoo, Black-hooded

Antshrike, Chestnut-backed Antbird, Plain Xenops, Long-billed Gnatwren, Ruddy-tailed Flycatcher, Crested Guans, and White-shouldered Tanagers. Mammals seen included Central American Agouti, Collared Peccary, White-faced Capuchin, Spider Monkey, and White-lined Bat. Upon our return, Green Urania moths flitted over the lot.

After a delightful lunch and refreshing beverages at a nearby restaurant, we drove a side road near Tarcoles. Brown Pelicans and Magnificent Frigatebirds soared along the blue Pacific Ocean. A small wetland in the forest was teeming with birds - Wood Storks, a variety of herons and egrets, 2 Bare-throated Tiger-Herons, and three species of Kingfishers (Ringed, Green, and American Pygmy). A local birder then led us to wonderful views of four species of roosting owls: Ferruginous Pygmy, Pacific Screech, Black-and-white, and Spectacled! This was an amazing experience! Continuing on, incidental sightings included White Ibis, Common Black Hawk, Gray Hawk, Short-tailed Hawk, and Crested Caracara (atop a city cell tower).



Upon return to the Hotel, the tour, as advertised, officially began. Frank welcomed all to Costa Rica and thanked them for choosing Sunrise Birding.

### Day 2 - January 31 - San Jose to Talamanca Mountains/Savegre River Valley

Vernon and Frank led a pre-breakfast walk across the street from the hotel. The highlight was good views of Cabanis's Ground-Sparrow, a recent species split that resulted in a Costa Rican endemic. Also seen were Rufous-tailed Hummingbird, Red-billed Pigeon, Hoffmann's Woodpecker, Social Flycatcher, Tropical Kingbird, Cabanis's Wren, Rufous-capped Warbler, and Bronzed Cowbird. Some also explored the hotel gardens. During our incredible breakfast, we were entertained by Clay-colored Thrushes at the fruit feeder. We loaded the van and departed for the Talamanca Mountains.

We arrived at Paraiso Quetzales Lodge to view and photograph the many hummingbirds swarming the feeders. Great views were had of Lesser Violetears and **Fierythroated**, Talamanca, and Volcano Hummingbirds. Cameras clicked and videos whirred. Also seen were Blueand-white Swallows, White-collared Swifts, Golden-browed Chlorophonia, and our first Longtailed Silky-flycatchers. We were then served a hearty lunch.

Next we briefly birded nearby Providencia Road, where we observed Mountain Elaenia, Blackcapped Flycatcher, Sooty-capped Chlorospingus, Wilson's Warbler, and a pair of Black-and-yellow



Phainoptila (Silky-flycatchers). Proceeding downhill to the village of San Gerardo de Dota, the next stop was Miriam's Cafe, where feeders attract birds and squirrels to the rear balcony. Great looks were had of White-throated Mountain-gems, Flame-colored Tanagers, Acorn Woodpeckers, Sooty Thrushes, Rufous-collared Sparrows, Slaty Flowerpiercer, Large-footed Finch, and Yellow-thighed Brushfinch.

Continuing our descent to the Savegre River Valley, we stopped along the road where Vernon miraculously spotted a pair of Resplendent Quetzals, a major target species of the tour. The regal male perched on the same branch for over a half hour, with its female nearby. Cameras and scopes were trained on them. Additional tourists and birders stopped; soon there was an appreciative, excited crowd enjoying these magnificent birds. We arrived at our lodge, Suenos del Bosque, and settled in before dinner and reviewing the day's list.



## Day 3 - February 1 - Savegre Area and Cerro Buenavista

At dawn we took a short birding walk on the lodge grounds. The cool mountain air seemed to cause much bird activity. New trip species included two Black Guans, Scintillant and Stripe-tailed Hummingbirds, Collared Trogon, Yellowish Flycatcher, Yellow-winged Vireo, Collared Redstart (Whitestart), and Spangle-cheeked and Silver-throated Tanagers. A Black-faced Solitaire was catching insects on the ground along the driveway. Hot coffee and breakfast were welcomed. Afterward we birded on foot on trails to an adjacent lodge with wonderful gardens. We



saw Ruddy-capped Nightingale-Thrush, Spot-crowned Woodcreeper, Sulphur-winged Parakeets, the local race of Red-tailed Hawk, Northern Emerald-Toucanet, Mistletoe Tyrannulet, and a pair of Yellow-bellied Siskins. At their feeders we had great views of five species of hummingbirds, Blue-gray Tanagers, several Baltimore Orioles, and at least seven Tennessee Warblers. The ubiquitous Rufous-collared Sparrows were in full song.

We continued our walk along the road adjacent to the Savegre River, where we saw Dark Pewee, Louisiana Waterthrush, Yellow-winged and Philadelphia Vireos, many Black Vultures, and point-blank views of a female Slaty Flowerpiercer feeding on red flowers. Continuing further on along a trail toward the trout hatchery and cataract, we had good views of Browncapped Vireo, Yellowish and Olive-striped Flycatchers, two Ochraceous Wrens, Golden-winged Warbler, and two Flamethroated Warblers. A pair of Resplendent Quetzals was in a tree right over one of our rooms! We then hiked some of the forest trails near the lodge, including along a



suspension bridge. We heard a Silvery-fronted Tapaculo, and encountered a mixed foraging flock that included Ruddy Treerunner, Hairy Woodpecker, Black-cheeked Warbler, and several tanagers. At lunch, the choices included trout, chicken, beef, pasta, and many sides and salads.

After some down time, we reconvened to ride the van along the Pan-American Highway and up a side road to Cerro Buenavista. This mountain (elev. 11,300 ft) is above timberline and above the clouds. The habitat is called Paramo, with dense, stunted vegetation that includes a native species of bamboo. We worked to find special target birds here, and were successful in seeing Volcano Junco, Peg-billed Finch, and Timberline Wren, as well as several Volcano Hummingbirds. Incidentally, a Good Samaritan with a 4WD vehicle was actively towing two vehicles that had driven down a steep slope. While driving back to the highway, a large Coyote appeared in the road. Back in the Savegre valley, we stopped briefly along a side road. Robert stayed in the van, and was the lucky one to see a sleek Jaguarundi run across the road! We again stopped at Miriam's for hot coffee and cocoa. Mountain and Sooty Thrushes and Red-tailed Squirrels joined the many **Flame-colored Tanagers** and Talamanca Hummingbirds. As the sun set and darkness fell, we got in position to hear the nocturnal calls of several Dusky Nightjars. Vernon persisted and spotted one perched in a tree. All got terrific scope views; Morgan managed a decent photo.



### Day 4 - February 2 - Savegre Area

Among the species seen during a pre-breakfast walk were a covey of Spotted Wood-Quail, a Chestnut-capped Brushfinch, and a Gray-breasted Wood-Wren. After breakfast, we rode 4-wheel-drive vehicles up the road behind Hotel Savegre. The forest here was magnificent with huge trees covered with mosses, epiphytes, and bromeliads. We birded back down the mountain via the Los Robles trail. Highlights included views of Golden-olive Woodpecker (in nest cavity), Buffy Tuftedcheek, Tufted Flycatcher, Black-billed Nightingale-Thrush, and multiple Ruddy Treerunners. But by far, the most amazing find was a roosting Bare-shanked Screech Owl, a bird that Vernon miraculously found after an hour of diligent searching.

Continuing down along the Jeep road, we had fabulous views of a feeding **Black Guan**, a Mountain Elaenia, a flock of Sooty-capped Chlorospingus, and a Yellowish Flycatcher feeding its chicks in a nest made in the moss of a tree trunk.

After lunch at Suenos Lodge, we re-grouped in the lodge lot. Here we had our best looks at a large flock of Band-tailed



Pigeons atop a nearby tree. Also a pair of Long-tailed Silky-flycatchers appeared to be nestbuilding, while a female Scintillant Hummingbird fed on flowers. We then hiked some different forest trails, seeing a nice variety of birds, including a pair of Ruddy-capped Nightingale-Thrushes, Collared Whitestarts, two Buffy Tuftedcheeks, Yellow-thighed Brushfinch, and terrific scope views of a male Resplendent Quetzal! Farther on along an upper trail, we looked down on a very close (same?) male Quetzal, but it flew as we got into position for photos. At the footbridge, a male Summer Tanager appeared.

At day's end we gathered at the bar/restaurant to watch the Superbowl. Kansas City came from behind in the fourth quarter to win an exciting game against San Francisco, 31-20.



#### Day 5 - February 3 - Savegre to Rancho This would be a travel morning, but not before some casual pre-breakfast birding at Suenos Lodge. We saw a few of our "old friends" such as Long-tailed Silky-flycatcher, Mountain Elaenia, Flame-colored Tanager, and Scintillant Hummingbird. After breakfast we checked out and departed, making a brief but productive stop along the road out. Highlights were four Flame-throated Warblers, Black-and-white Warbler, and a singing Rufous-browed Peppershrike. After a fuel stop, we visited a park in the Paraiso section of Cartago. With guide Vernon we hit the jackpot, seeing some Crimson-fronted (Finsch's) Parakeets as well as two roosting Barn Owls and two cozy Tropical Screech-Owls.

We arrived at Rancho Naturalista Ecolodge in time for lunch. The delightful open-air dining room has a view of the gardens and feeders. Fine food was coupled with great birding! The avian show included Gray-headed Chachalacas, Brown Jays, Red-billed Pigeons, Montezuma Oropendolas,

Tennessee Warbler, Blue-gray Tanager, and Yellow-faced Grassquits. Ascending to the

balcony, we enjoyed the company of many colorful winged-jewels including Rufous-tailed Hummingbird, White-necked Jacobin, **Crowned Woodnymph**, Green-breasted Mango, and Violet Sabrewing. An Olive-backed Euphonia and a Buff-throated Saltator came to eat banana, a White-tipped Dove fed on the ground, while a stunning Scarlet-rumped Tanager and a pair of White-lined Tanagers visited, and a Roadside Hawk flew overhead. A White-nosed Coati appeared on the platform feeder, chasing away a number of Variegated Squirrels.

A walk down the driveway resulted in excited views of stunningly-colored Golden-hooded and Bayheaded Tanagers, Green Honeycreeper, Blackburnian Warbler, and Green Thorntail...all in one tree. We had good views of a flock of Chestnutheaded Oropendolas, but a flyby Keel-billed Toucan offered only a glimpse.



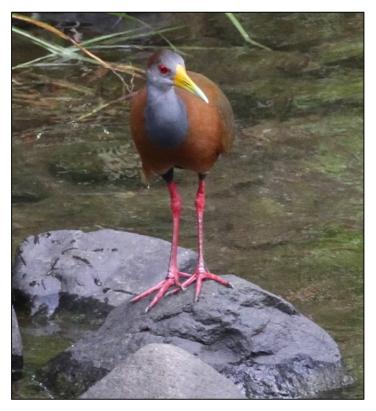
We took a late afternoon walk down to a forest stream, and waited for the show to begin. No, it wasn't a drive-in movie, but an avian show of hummingbirds and others coming in to bathe and drink at day's end. Our flashlights illuminated bathing Crowned Woodnymphs, female Snowcaps, and a stunning Purple-crowned Fairy. Other birds that visited included Orange-billed Sparrow, Buff-throated Foliage-gleaner, White-ruffed Manakin, Wood Thrush, Rufous-capped and Kentucky Warblers, and Carmiol's Tanager. Flycatchers included Sulphur-rumped, Ochre-bellied, Slaty-capped, and Yellow-bellied. After dinner, we reviewed the long

list of birds seen today. Frank, working on his computer afterwards, was stunned when a birder friend from CT, and his wife, walked into the den.

### Day 6 - February 4 - Rancho, San Antonio, CATIE

We started the day with a cup of fine local coffee, and then walked at dawn to the nearby lighted sheet to see what birds might be attracted to the insects. Close views were had of some forest birds such as Red-throated Ant-Tanager, Plain-brown and Spotted Woodcreepers, White-breasted Wood-Wren, Dusky-capped and Tawny-chested Flycatchers, Buff-throated Foliage-gleaner, and the striking Orange-billed Sparrow. Returning to the lodge, Frank and a few others found a mixed feeding flock that included White-vented Euphonia, Speckled Tanager, and a female Scarlet-thighed Dacnis, as well as a perched Collared Aracari.

After breakfast, we departed to San Antonio/Plantanillo to bird a side road that leads to Silence Mountain. The first stop was a check of the river that produced a pair of much-desired Sunbitterns, as well as Torrent Tyrannulet. Further up the road we had glimpses of a Bay Wren, and good views of a Blackburnian Warbler. Birding was guieter than normal here, but we still managed to see Yellow-olive Flycatcher, Yellow-bellied Elaenia, Mistletoe Tyrannulet, Black Phoebe, Southern Rough-winged Swallows, Silver-throated and Black-and-yellow Tanagers, Bananaguit, and several Snowcaps and Buff-rumped Warblers. We tried another spot, La Mina, and found a flurry of activity along the river. Sandra spotted a Russet-naped Wood-Rail along the bank, a highlight. Plus we saw Tropical Pewee, Common Tody-Flycatchers,





Yellow-throated Vireo, Black-cheeked Woodpeckers, Mourning Warbler, Blueblack Grassquits, Grayish Saltator, Crested Caracara, and five species of Tanagers including White-lined, Palm, and Golden-hooded.

After lunch at Rancho, there was some down time, though many continued to enjoy and photograph the varied hummingbirds, doves, warblers, and other wildlife around the lodge. A sleek black and powerful **Tayra** (a large member of the weasel family) appeared several times to raid the bananas. A midafternoon van ride to nearby CATIE



produced a number of new bird species including many water birds. The lake yielded Cattle Egrets, Anhinga, Green and Boat-billed Herons, Yellowcrowned Night-Heron, Northern Jacanas (with juveniles), Purple Gallinules, and Green Ibis. A walk of the campus roads netted us nice scope views of Roadside Hawk and White-crowned Parrots; Montezuma Oropendolas flew into their nesting colony. At the Jardin Botanical Area we found a flock that included Black-crested Coquette, Tropical Gnatcatcher, and Tropical Parula. But the highlight was seeing a sleeping **Great Potoo**! The return drive yielded a fly-by Bat Falcon, seen by some. It was yet another very productive day!

**Day 7 - February 5 - Rancho to San Jose** This final morning we gathered for predawn coffee (some heard a Common Potoo) before walking to a nearby naturalist's private yard. We viewed the birds that came to the edge of the forest to inspect

his moth sheet. Good looks were had at **Rufous Motmot**, Cocoa and Plain-brown Woodcreepers, Green Hermit, Eye-ringed Flatbill, and Mourning Warbler. Wayne then displayed some amazing large live moths, a Hercules beetle, and a large Katydid. He also showed us other mounted insect specimens, as well as a fallen Oropendola nest, which has since served as a nest site for a pair of Olive-backed Euphonias. His botanical collection included a variety of banana and Bird-of-Paradise plants. Thanks Wayne! While returning to the lodge, we spotted a Crimson-collared Tanager, a Golden-crowned Warbler, and a Violet-headed Hummingbird.

Another delicious breakfast at Rancho was followed by checking out. But first, one last view from the patio yielded great views of Squirrel Cuckoo, Collared Aracaris, Keel-billed Toucans, a Gartered Trogon, a Masked Tityra, and flocks of White-crowned Parrots and Crimson-fronted (Finsch's) Parakeets. We bade farewell to our hosts and hit the road for San Jose. En route we



made a brief stop at Birris Reservoir, adding a few species to the trip list: Blue-winged Teal, Lesser Scaup, Southern Lapwing, and Northern Rough-winged Swallow. On the bus, Frank wrote down each person's trip highlights. Without encountering traffic delays, we returned to San Jose, dropping some off at the Airport for flights home, and others to their nearby hotels for one more night in Costa Rica. Farewells and fond memories capped off a terrific week of birding this scenic and friendly country.

Many thanks to Vernon, who served as both our very capable local bird expert and terrific driver. And thanks especially to all the participants for choosing Sunrise Birding. It was truly a joy meeting you, and sharing Costa Rica's natural riches with you. We hope to see you on another Sunrise Birding tour sometime soon.

Sincerely, Frank Mantlik Sunrise Birding Guide







### Sunrise Birding LLC COSTA RICA SPECIES LIST January 30 – February 5, 2020

#	SPECIES	Scientific Name	Heard only (H)	Comments
1	Great Tinamou Nt	Tinamus major	Н	Two singles heard at Carara 1/30
2	Blue-winged Teal	Spatula discors		About 110 on Birris Reservoir 2/5
3	Lesser Scaup	Aythya affinis		35 on Birris Reservoir 2/5
4	Grey-headed Chachalaca	Ortalis cinereiceps		Up to 12 seen daily at Rancho Naturalista
5	Crested Guan	Penelope purpurascens		2 seen at Carara 1/30. 1 seen by some 2/4
6	Black Guan <b>Nt</b>	Chamaepetes unicolor		4 seen near Savegre 2/1, and 1 on 2/2
7	Spotted Wood Quail	Odontophorus guttatus		4 or more seen two days near Savegre
8	Wood Stork	Mycteria americana		About 30 at small wetland, Tarcoles road
9	Green Ibis	Mesembrinibis cayennensis		One at CATIE lawn 2/4
10	American White Ibis	Eudocimus albus		flock of 17 along Tarcoles road 1/30
11	Bare-throated Tiger Heron	Tigrisoma mexicanum		Adult & immature at small wetland, Tarcoles
12	Boat-billed Heron	Cochlearius cochlearius		At least 2 at CATIE pond-edge 2/4
13	Yellow-crowned Night- Heron	Nyctanassa violacea		2 at CATIE pond-edge 2/4
14	Green Heron	Butorides virescens		2 at Tarcoles 1/30; 2 at CATIE 2/4
15	Western Cattle Egret	Bubulcus ibis		Up to 50 seen various places, 4 days
16	Great Blue Heron	Ardea herodias		Two seen 1/30 near Carara, Tarcoles

17	Great Egret	Ardea alba		15 at Tarcoles; 2 singles near Rancho
18	Little Blue Heron	Egretta caerulea		Immatures at Tarcoles 1/30, La Suiza 2/4
19	Snowy Egret	Egretta thula		1 at Tarcoles pool 1/30
20	Brown Pelican	Pelecanus occidentalis		10 or so along Pacific coast near Tarcoles
21	Magnificent Frigatebird	Fregata magnificens		20+ in flight along Pacific coast near Tarcoles
22	Turkey Vulture	Cathartes aura		Numerous; many seen daily
23	Black Vulture	Coragyps atratus		Numerous; many seen daily
24	White-tailed Kite	Elanus leucurus		1 seen by some at Bougainvillea 1/31; others?
25	Sharp-shinned Hawk	Accipiter striatus		1 seen by some in flight at Rancho 2/4
26	Common Black Hawk	Buteogallus anthracinus		1 seen well perched at Tarcoles 1/30
27	Roadside Hawk	Rupornis magnirostris		1 flyover Rancho 2/3; perched bird at CATIE 2/4
28	Grey Hawk	Buteo plagiatus		1 soaring Tarcoles 1/30; 1 Birris Reservoir
29	Short-tailed Hawk	Buteo brachyurus		1 soaring along hwy NE of Carara
30	Red-tailed Hawk	Buteo jamaicensis costaricensis		Local subspecies seen 2 days near Savegre
31	Sunbittern	Eurypyga helias		Pair seen along river San Antonio 2/4
32	White-throated Crake	Laterallus albigularis	Н	1 heard only in marsh at CATIE 2/4
33	Grey-necked (Russet-naped) Wood Rail	Aramides cajaneus		1 seen well along river La Mina 2/4
34	Purple Gallinule	Porphyrio martinica		10 seen at CATIE 2/4
35	Southern Lapwing	Vanellus chilensis		4 at Birris Reservoir 2/5
36	Killdeer	Charadrius vociferus		2 at Cartago 1/31; 1 at Birris 2/5
37	Northern Jacana	Jacana spinosa		10+ at CATIE 2/4

38	Rock Dove I	Columba livia		Several seen four days in various cities
39	Band-tailed Pigeon	Patagioenas fasciata		Up to 15/day, 3 days near Savegre
40	Red-billed Pigeon	Patagioenas flavirostris		Numbers at Hotel Boug and at Rancho
41	Ruddy Pigeon V	Patagioenas subvinacea	Н	1 heard only Savegre 2/2
42	Short-billed Pigeon	Patagioenas nigrirostris	Н	1 heard only 1/30
43	Inca Dove	Columbina inca		Seen & heard first 2 days - Hotel, Carara
44	Common Ground Dove	Columbina passerina		4 seen near Carara 1/30
45	White-tipped Dove	Leptotila verreauxi		1 seen Carara; singles daily at Rancho
46	White-winged Dove	Zenaida asiatica		Numerous in cities, towns
47	Groove-billed Ani	Crotophaga sulcirostris		10 at gas stop to Carara 1/30; others
48	Squirrel Cuckoo	Piaya cayana		2 at/near Carara 1/30; 1 at Rancho on 2/5
49	American Barn Owl	Tyto furcata		Pair roosting daytime in Paraiso 2/3
50	Pacific Screech Owl	Megascops cooperi		One roosting daytime in Tarcoles 1/30
51	Tropical Screech Owl	Megascops choliba		Pair roosting daytime in Paraiso 2/3
52	Bare-shanked Screech Owl	Megascops clarkii		1 seen well in forest roost above Savegre 2/2
53	Mottled Owl	Strix virgata	Η	Heard by some two nights at Rancho
54	Black-and-white Owl	Strix virgata		One roosting daytime in Tarcoles 1/30
55	Spectacled Owl	Pulsatrix perspicillata		One roosting daytime in Tarcoles 1/30
56	Ferruginous Pygmy Owl	Glaucidium brasilianum		One roosting daytime in Tarcoles 1/30
57	Great Potoo	Myctibius grandis		One roosting daytime CATIE 2/4

58	Common Potoo	Nyctibius griseus	Н	1 heard pre-dawn at Rancho 2/5
59	Dusky Nightjar <b>R-E</b>	Antrostomus saturatus		1 seen well, 3+ others heard Savegre area 2/1
60	White-collared Swift	Streptoprocne zonaris		20+ racing over Quetzales Lodge 1/31
61	Green Hermit	Phaethornis guy		1 seen each day at Rancho feeders
62	Violet Sabrewing	Campylopterus hemileucurus		1 seen each day at Rancho feeders
63	White-necked Jacobin	Florisuga mellivora		Up to 20/day at Rancho
64	Lesser (Green) Violetear	Colibri cyanotus		10+/day in Talamanca Mts.
65	Green-breasted Mango	Anthracothorax prevostii		Male, female daily at Rancho feeders
66	Violet-headed Hummingbird	Klais guimeti		1 seen well at Rancho hedge/lot 2/5
67	Black-crested Coquette	Lophornis helenae		1 seen briefly at Jardin Garden (CATIE) 2/4
68	Green Thorntail	Discosura conversii		Singles seen 3 days at/near Rancho
69	Fiery-throated Hummingbird <b>R-E</b>	Panterpe insignis		Great views Quetzales Lodge 1/31, etc.
70	Stripe-tailed Hummingbird	Eupherusa eximia		Up to 3/day in Savegre Valley
71	Crowned Woodnymph	Thalurania colombica		10+/day at Rancho & vicinity
72	Blue-throated Sapphire (Goldentail)	Hylocharis eliciae		3 singles seen at Carara 1/30
73	Rufous-tailed Hummingbird	Amazilia tzacatl		Several Hotel Boug and daily at Rancho
74	Blue-vented Hummingbird	Amazilia Hoffmanni		1 seen by all at Carara 1/30
75	White-throated Mountain- gem <b>R-E</b>	Lampornis castaneoventris		Many seen daily Savegre Valley; mostly females
76	Snowcap <b>R-E</b>	Microchera albocoronata		1-3/day at/near Rancho
77	Talamanca Hummingbird	Eugenes spectabilis		Numerous daily in Talamanca Mts.

78	Purple-crowned Fairy	Heliothryx barroti	1 seen bathing stream pools Rancho 2/3
79	Volcano Hummingbird <b>R</b> - E	Selasphorus flammula	Several seen daily in Mts. 1/31- 2/2
80	Scintillant Hummingbird <b>R-E</b>	Selasphorus scintilla	Seen well 2-3 days at Suenos/Savegre
81	Resplendent Quetzal <b>Nt</b>	Pharomachrus mocinno	Pairs seen each day Savegre Valley
82	Slaty-tailed Trogon	Trogon massena	1 seen Carara 1/30
83	Baird's Trogon	Trogon bairdii	1 seen Carara 1/30
84	Gartered (Violaceous) Trogon	Trogon caligatus	1 at Carara 1/30; 1 at Rancho last morning 2/5
85	Black-throated Trogon	Trogon Rufus	1 seen at Carara 1/30
86	Collared Trogon	Trogon collaris	Singles seen Suenos/Savegre Feb 1,2
87	Ringed Kingfisher	Megaceryle torquata	1 seen at small wetland, Tarcoles 1/30
88	American Pygmy Kingfisher	Chloroceryle aenea	1 seen at small wetland, Tarcoles 1/30
89	Green Kingfisher	Chloroceryle americana	1 seen at small wetland, Tarcoles 1/30
90	Lesson's (Blue-crowned) Motmot	Momotus lessonii	4 together at Carara; 1 opp Hotel Boug;
91	Rufous Motmot	Baryphthengus martii	1 heard and seen well at Rancho (Wayne's yard)
92	Turquoise-browed Motmot	Eumomota superciliosa	1 seen well on wire en route Carara; a 2nd later
93	Rufous-tailed Jacamar	Galbula ruficauda	Scope views of one at Carara forest 1/30
94	Emerald Toucanet	Aulacorhynchus prasinus	1 seen by a few at Savegre Lodge 2/1
95	Collared Aracari	Pteroglossus torquatus	1-3 seen each day at Rancho
96	Keel-billed Toucan	Ramphastos sulfuratus	Heard and seen at Rancho and El Silencio road
97	Acorn Woodpecker	Melanerpes formicivorus	Common in Savegre Valley, especially at Miriam's

98	Black-cheeked Woodpecker	Melanerpes pucherani	2 seen near La Mina river 2/4
99	Hoffmann's Woodpecker <b>R-E</b>	Melanerpes hoffmannii	Several seen various sites; nest hole Hotel Boug
100	Hairy Woodpecker	Leuconotopicus villosus	Singles seen 3 days Savegre area
101	Golden-olive Woodpecker	Colaptes rubiginosus	Male in nest hole Los Robles trail
102	Lineated Woodpecker	Dryocopus lineatus	1 seen in Carara forest 1/30
103	Northern Crested Caracara	Caracara cheriway	4 singles at various: city cell tower, La Mina, etc.
104	Yellow-headed Caracara	Milvago chimachima	3 on 1/30, including flyover at T- B Motmot
105	Bat Falcon	Falco rufigularis	1 flyby along road return from CATIE 2/4
106	Peregrine Falcon	Falco peregrinus	2 seen 1/30 during Carara trip
107	Brown-hooded Parrot	Pyrilia haematotis	At least 2 at CATIE 2/4
108	White-crowned Parrot	Pionus senilis	Several seen at Rancho & CATIE (scope)
109	Sulphur-winged Parakeet <b>R-E</b>	Pyrrhura hoffmanni	flying flocks two days at Savegre
110	Scarlet Macaw	Ara macao	At least 12 at Carara and 8 near Tarcoles; all in flight
111	Finsch's (Crimson-fronted) Parakeet <b>R-E</b>	Psittacara finschi	Seen at Paraiso Park; up to 20 at Rancho, etc.
112	Ruddy Treerunner <b>R-E</b>	Margarornis rubiginosus	Good looks at several Savegre, Suenos in Mts
113	Buffy Tuftedcheek	Pseudocolaptes Iawrencii	Good looks at 3 Savegre area 2/2
114	Lineated Foliage-gleaner	Syndactyla subalaris	1 seen by some at Carara 1/30
115	Buff-throated Foliage- gleaner	Automolus ochrolaemus	Seen twice at Rancho: pools, bug sheet
116	Plain Xenops	Xenops minutus	1 seen well at Carara forest 1/30
117	Plain-brown Woodcreeper	Dendrocincla fuliginosa	2 seen 2 days at Rancho (2 bug sheets)

118	Tawny-winged Woodcreeper	Dendrocincla anabatina		1 seen at Carara near army ant swarm 1/30
119	Wedge-billed Woodcreeper	Glyphorynchus spirurus		1 seen well at Carara 1/30
120	Cocoa Woodcreeper	Xiphorhynchus susurrans		singles seen at Carara & Wayne's bug sheet
121	Spotted Woodcreeper	Xiphorhynchus erythropygius		1 seen well at Rancho bug sheet 2/4
122	Streak-headed Woodcreeper	Lepidocolaptes souleyetii		1 seen at Carara 1/30
123	Spot-crowned Woodcreeper	Lepidocolaptes affinis		4-5 seen in Savegre Valley
124	Barred Antshrike	Thamnophilus doliatus		Pair seen at Carara (ant swarm)
125	Black-hooded Antshrike	Thamnophilus bridgesi		Two singles seen at Carara (female close)
126	Plain Antvireo	Dysithamnus mentalis	Н	Singles heard at Rancho (pools and sheet)
127	Dot-winged Antwren	Microrhopias quixensis		2 seen at Carara forest 1/30
128	Chestnut-backed Antbird	Myrmeciza exsul		1 seen at Carara forest 1/30
129	Silvery-fronted Tapaculo	Scytalopus argentifrons	Н	at least 1 heard and glimpsed by some Savegre
130	Yellow-bellied Elaenia	Elaenia flavogaster		1 seen Silent Mt road 2/4
131	Mountain Elaenia	Elaenia frantzii		Several seen 4 days Savegre Valley, Mts.
132	Torrent Tyrannulet	Serpophaga cinerea		1 seen Savegre R.; 3 seen Silent Mt road
133	Mistletoe (Paltry) Tyrannulet	Zimmerius parvus		Singles seen 4 days: Savegre & Rancho
134	Olive-striped Flycatcher	Mionectes olivaceus		1 seen along Cataract trail below Savegre 2/1
135	Ochre-bellied Flycatcher	Mionectes oleagineus		1 seen by some at Rancho pools 2/3
136	Slaty-capped Flycatcher	Leptopogon superciliaris		1 seen by some at Rancho pools 2/3
137	Common Tody-Flycatcher	Todirostrum cinereum		1 at Carara lot; 2 near La Mina River 2/4

		1		
138	Eye-ringed Flatbill	Rhynchocyclus brevirostris		1 at Carara 1/30; 1 at Wayne's yard 2/5
139	Yellow-olive Flatbill (Flycatcher)	Tolmomyias sulphurescens		1 at Carara 1/30; 1 at Silence Mt road 2/4
140	Tawny-chested Flycatcher <b>V R-E</b>	Aphanotriccus capitalis		1 seen well at Rancho bug sheet 2/4
141	Black Phoebe	Sayornis nigricans		up to 4 singles at Rancho, CATIE, etc.
142	Northern Tufted Flycatcher	Mitrephanes phaeocercus		3 seen 2/2 at Savegre forest & above Miriam's
143	Dark Pewee CR-E	Contopus lugubris		3 singles seen Savegre area
144	Tropical Pewee	Contopus cinereus		1 seen along road at La Mina 2/4
145	Yellow-bellied Flycatcher	Empidonax flaviventris		2 singles at Rancho (driveway, bug sheet)
146	Yellowish Flycatcher	Empidonax flavescens		Several seen Savegre area; active nest Los Robles
147	Black-capped Flycatcher <b>R-E</b>	Empidonax atriceps		Singles seen 3 days Talamanca Mts.
148	Social Flycatcher	Myiozetetes similis		Several seen-Hotel Boug, Silent Mt, CATIE
149	Great Kiskadee	Pitangus sulphuratus		Several seen & heard various 3- 4 days
150	Boat-billed Flycatcher	Megarynchus pitangua		2 seen 1/30: nest at Carara lot
151	Tropical Kingbird	Tyrannus melancholicus		Numerous & widespread; seen each day
152	Dusky-capped Flycatcher	Myiarchus tuberculifer		1 seen well Rancho bug sheet 2/4
153	Bright-rumped Attila	Attila spadiceus	Н	1 heard close at Rancho bug sheet 2/4
154	White-ruffed Manakin	Corapipo altera		female bathing at Rancho stream pools 2/3
155	White-collared Manakin	Manacus candei		Heard twice at Rancho; seen well by Terence
156	Sulphur-rumped Myiobius (Flycatcher)	Myiobius sulphureipygius		1 at Carara 1/30; 1 at Rancho 2/3
157	Ruddy-tailed Flycatcher	Terenotriccus erythrurus		1 seen well by most at Carara 1/30

158	Masked Tityra	Tityra semifasciata	1 seen by some at Rancho 2/5; Morgan photo
159	White-winged Becard	Pachyramphus polychopterus	1 seen at Carara 1/30
160	Rose-throated Becard	Pachyramphus aglaiae	2 seen at Carara (lot, forest)
161	Rufous-browed Peppershrike	Cyclarhis gujanensis	1 seen singing Dota above Miriam's 2/3
162	Yellow-throated Vireo	Vireo flavifrons	several seen: Carara, La Mina
163	Yellow-winged Vireo R-E	Vireo carmioli	At least 4 seen Savegre Valley 3 days
164	Brown-capped Vireo	Vireo leucophrys	1 seen Savegre Valley 2/1
165	Philadelphia Vireo	Vireo philadelphicus	3+ seen Savegre area
166	Tawny-crowned Greenlet	Hylophilus ochraceiceps	1 seen among mixed flock Carara 1/30
167	Lesser Greenlet	Hylophilus decurtatus	Singles seen Carara, La Mina
168	Brown Jay	Psilorhinus morio	Noisy small flocks at Rancho & vicinity
169	Long-tailed Silky-flycatcher <b>R-E</b>	Ptiliogonys caudatus	Seen well 4 days Talamanca/Savegre area
170	Black-and-yellow Phainoptila (Silky-fly) <b>R-E</b>	Phainoptila melanoxant	Scope views of pair Providencia Rd.
171	Grey-breasted Martin	Progne chalybea	1 on utility wire gas stop to Carara 1/30
172	Blue-and-white Swallow	Notiochelidon cyanoleuca	Common in Talamanca Mts, Turrialba area
173	Northern Rough-winged Swallow	Stelgidopteryx serripennis	Seen at Silent Mt and Birris Reservoir
174	Southern Rough-winged Swallow	Stelgidopteryx ruficollis	Several seen Silent Mt road 2/4
175	Rufous-naped Wren	Campylorhynchus rufinucha	Nest building Carara; Hotel Boug.
176	Cabanis's (Plain) Wren	Cantorchilus modestus	1 seen opp Hotel Bougainvillea 1/31
177	Bay Wren	Cantorchilus nigricapillus	1 heard, seen by some Silence Mt 2/4

178	House Wren	Troglodytes aedon	1 seen by some Silent Mt road 2/4
179	Ochraceous Wren <b>R-E</b>	Troglodytes ochraceus	2 seen well Cataract trail 2/1
180	Timberline Wren <b>R-E</b>	Thryorchilus browni	2 seen well paramo of Cerro Buenavista 2/1
181	White-breasted Wood Wren	Henicorhina Ieucosticta	Several seen at Rancho area, including at bug sheet.
182	Grey-breasted Wood Wren	Henicorhina leucophrys	Several seen well at Savegre Valley
183	Long-billed Gnatwren	Ramphocaenus melanurus	3 singles seen at Carara forest 1/30
184	Tropical Gnatcatcher	Polioptila plumbea	1 seen Jardin gardens at CATIE; 1 2/5
185	Black-faced Solitaire <b>R</b> - E	Myadestes melanops	Several seen & heard Savegre Valley
186	Black-billed Nightingale- Thrush <b>R-E</b>	Catharus gracilirostris	Heard and seen by some at Suenos forest 2/2
187	Ruddy-capped Nightingale-Thrush	Catharus frantzii	Several seen daily Savegre Valley
188	Wood Thrush <b>Nt</b>	Hylocichla mustelina	Singles seen Carara (ant swarm), Rancho pools
189	Sooty Thrush <b>R-E</b>	Turdus nigrescens	Numerous seen daily Savegre area, especially Miriam's
190	Mountain Thrush	Turdus plebejus	Several seen Savegre Valley, incl. Miriam's
191	Clay-colored Thrush	Turdus grayi	Common & widespread; seen each day
192	House Sparrow I	Passer domesticus	1+ seen Guarco gas station
193	Yellow-bellied Siskin	Spinus xanthogastrus	pair seen well Savegre lodge 2/1
194	Yellow-throated Euphonia	Euphonia hirundinacea	1 seen at La Mina 2/4
195	Olive-backed Euphonia	Euphonia gouldi	A few seen daily at Rancho & vicinity
196	White-vented Euphonia	Euphonia minuta	1 seen by a few at Rancho 2/4
197	Tawny-capped Euphonia	Euphonia anneae	1 seen Silent Mt road 2/4

198	Golden-browed Chlorophonia <b>R-E</b>	Chlorophonia callophrys	1-2 seen at Quetzales lodge 1/31
199	Louisiana Waterthrush	Parkesia motacilla	2 singles Savegre River area
200	Northern Waterthrush	Parkesia noveboracensis	1 seen Carara (ant swarm) 1/30
201	Golden-winged Warbler <b>Nt</b>	Vermivora chrysoptera	Singles at Cataract trail, Rancho
202	Blue-winged Warbler	Vermivora cyanoptera	1 seen by some at Rancho 2/3
203	Black-and-white Warbler	Mniotilta varia	Singles seen at Rancho, CATIE
204	Flame-throated Warbler <b>R-E</b>	Oreothlypis gutturalis	1-4 seen daily in Savegre Valley
205	Tennessee Warbler	Leiothlypis peregrina	Numerous seen Savegre, Rancho, etc.
206	Mourning Warbler	Geothlypis philadelphia	1 at La Mina 2/4; 1 at Wayne's 2/5
207	Kentucky Warbler	Geothlypis formosa	1 bathing at Rancho pools 2/3
208	American Redstart	Setophaga ruticilla	1 along Rancho driveway; elsewhere?
209	Tropical Parula	Setophaga pitiayumi	Singles at Silence Mt, CATIE 2/4
210	Blackburnian Warbler	Setophaga fusca	Singles at Rancho & Silence Mt road
211	Yellow Warbler	Setophaga petechia	2-3 seen: Carara gas stop, Hotel Boug.
212	Chestnut-sided Warbler	Setophaga pensylvanica	Numerous: Carara, Rancho, etc.
213	Black-throated Green Warbler	Setophaga virens	Several seen Savegre Valley area
214	Buff-rumped Warbler	Myiothlypis fulvicauda	3-4 seen together Silence Mt road 2/4
215	Rufous-capped Warbler	Basileuterus rufifrons	1-2 at Hotel Boug., Rancho
216	Black-cheeked Warbler <b>R-E</b>	Basileuterus melanogenys	2-3 seen Savegre/Suenos forest
217	Golden-crowned Warbler	Basileuterus culicivorus	1 seen Rancho lot 2/5
218	Wilson's Warbler	Cardellina pusilla	2-3/day Savegre Valley

219	Collared Whitestart (Redstart) <b>R-E</b>	Myioborus torquatus	Up to 4/day Savegre Valley
220	Chestnut-headed Oropendola	Psarocolius wagleri	Flocks at Rancho, La Mina
221	Montezuma Oropendola	Psarocolius montezuma	Colonies at Rancho, Silence Mt, CATIE
222	Baltimore Oriole	Icterus galbula	Up to 3 seen on 4 days, various sites
223	Bronzed Cowbird	Molothrus aeneus	1 male seen opp Hotel Boug. 1/31
224	Melodious Blackbird	Dives dives	1+ seen/heard 5 days, various sites
225	Great-tailed Grackle	Quiscalus mexicanus	Common & widespread around cities, towns
226	Bananaquit	Coereba flaveola	Singles at Silence Mt., La Mina, CATIE 2/4
227	Rufous-collared Sparrow	Zonotrichia capensis	Widespread; numerous in Talamanca Mts.
228	Volcano Junco <b>R-E</b>	Junco vulcani	3 seen well paramo, Cerro Buenavista 2/1
229	Cabanis's Ground Sparrow <b>CR-E</b>	Melozone cabanisi	2 seen opposite Hotel Bouganvillea 1/31
230	Orange-billed Sparrow	Arremon aurantiirostris	1 at Carara; 2 at Rancho
231	Chestnut-capped Brushfinch	Arremon brunneinucha	1 at dawn, Suenos Lodge 2/2
232	Large-footed Finch <b>R-E</b>	Pezopetes capitalis	Several Savegre Valley; best looks at Miriam's
233	Yellow-thighed Finch <b>R</b> - E	Pselliophorus tibialis	3/day Savegre Valley
234	Common Chlorospingus (Bush Tanager)	Chlorospingus flavopectus	Several/day Savegre area
235	Sooty-capped Chlorospingus <b>R-E</b>	Chlorospingus pileatus	Several each day in Savegre/Talamanca Mts.
236	Grey-headed Tanager	Eucometis penicillata	2 at Carara (ant swarm) 1/30
237	White-shouldered Tanager	Tachyphonus luctuosus	Pair at Carara forest 1/30
238	White-lined Tanager	Tachyphonus rufus	Pair at Rancho two days

239	Crimson-collared Tanager	Ramphocelus sanguinolentus	Singles at Silence Mt and Rancho
240	Scarlet-rumped (Passerini's) Tanager	Ramphocelus passerinii	Up to 5 at once Rancho feeders
241	Blue-grey Tanager	Thraupis episcopus	Widespread; seen 6 days
242	Palm Tanager	Thraupis palmarum	2 seen La Mina 2/4
243	Silver-throated Tanager	Tangara icterocephala	a few seen Savegre area and Rancho/Silence Mt
244	Speckled Tanager	Tangara guttata	1 seen by some Rancho 2/4
245	Bay-headed Tanager	Tangara gyrola	two singles seen at Rancho
246	Golden-hooded tanager	Tangara larvata	A few two days at Rancho & vicinity
247	Spangle-cheeked Tanager <b>R-E</b>	Tangara dowii	A few at Savegre/Suenos Lodges
248	Scarlet-thighed Dacnis	Dacnis venusta	1 seen by some at Rancho 2/4
249	Red-legged Honeycreeper	Cyanerpes cyaneus	1 seen at Carara lot 1/30
250	Green Honeycreeper	Chlorophanes spiza	Singles at Rancho 2/3, 2/4
251	Black-and-yellow Tanager <b>R-E</b>	Chrysothlypis chrysomelas	2 seen Silence MT road 2/4
252	Slaty Flowerpiercer <b>R-E</b>	Diglossa plumbea	Seen daily Savegre Valley/mountains
253	Peg-billed Finch <b>R-E</b>	Acanthidops bairdi	1 seen in paramo of Cerro Buenavista 2/1
254	Buff-throated Saltator	Saltator maximus	A few singles seen at Rancho
255	Greyish Saltator	Saltator coerulescens	1 seen at La Mina 2/4
256	Blue-black Grassquit	Volatinia jacarina	A flock seen at La Mina 2/4
257	Variable Seedeater	Sporophila corvina	A few seen various sites
258	Yellow-faced Grassquit	Tiaris olivaceus	Seen 4 days, various sites
259	Flame-colored Tanager	Piranga bidentata	Seen daily Savegre area; best views at Miriam's

260	Summer Tanager	Piranga rubra	Males seen Carara, Suenos, etc.
261	Red-throated Ant Tanager	Habia fuscicauda	Seen at Rancho - feeders, bug sheet
262	Carmiol's (Olive) Tanager	Chlorothraupis carmioli	1 bathing Rancho pools; 2 on 2/4
263	Rose-breasted Grosbeak	Pheucticus Iudovicianus	1 seen by some Hotel Bougainvillea 1/31

OTHER SPECIES	Scientific Name
Variegated Squirrel	Sciurus variegatoides
Red-tailed Squirrel	Sciurus granatensis
Jaguarundi	Puma yagouaroundi
Tayra	Eira barbara
White-nosed Coati	Nasua narica
Central American Agouti	Dasyprocta punctata
Collared Peccary	Pecari tajacu
White-faced Capuchin	Cebus capucinus
Central American Spider Monkey	Ateles geoffroyi
Mantled Howler Monkey	Alouatta palliata
Greater White-lined Bat	Saccopteryx bilineata
Coyote	Canis latrans
American Crocodile	Crocodylus acutus
Green Iguana	Iguana iguana
Spiny-tailed Iguana	Ctenosaura similis
Tropical House Gecko	Hemidactylus frenatus
Green-and-black Poison Dart Frog	Dendrobates auratus
Julia Heliconian butterfly	Dryas Iulia
Polymnia Tigerwing butterfly	Mechanitis polymnia
Mexican Silverspot butterfly	Dione moneta

Lamplight Actinote butterfly	Altinote ozomene
Blue Morpho butterfly	Morpho helenor
Glasswing butterfly	
Monarch butterfly	Danaus plexippus
Green Urania moth	Urania fulgens
Large Moth, sp. (Wayne's)	Rhescyntis hippodamia
Large Moth, sp. (Wayne's)	Arsenura, sp.
Gray and white Moth, sp. (sheet)	Simena luctifera
Tiger Moth, sp.	Ormetica maura
Army Ant	Eciton, sp.
Leaf-cutter Ant	Atta cephalotes
Orb-weaver spider	





Lamplight Actinote

Sunrise Birders on the trail